



Senior Transportation Program

Lamprey Health Care's Senior Transportation Program provides transportation services to seniors ages 60+ and adults with disabilities. We serve Rockingham County and parts of Strafford County.

Monday–Friday 8:00 am–4:00 pm

Trips include grocery stores, banks, pharmacies, medical, dental and rehabilitation appointments. We also offer monthly recreational trips. For a schedule or to arrange for transportation, please call the Transportation Office.

(603) 659-2424

LAMPREY HEALTH CARE

Providing Access to Primary Care Since 1971

Transportation Office

205 South Main Street, Newmarket, NH 03857

(603) 659-2424



www.lampreyhealth.org

Senior Transportation Program

Serving Rockingham and Strafford (parts) Counties

Transportation Services Available for Following Towns

Atkinson ■ Auburn ■ Barrington ■ Brentwood ■ Candia ■
Danville ■ Deerfield ■ Durham ■ East Kingston ■ Epping ■
Exeter ■ Fremont ■ Hampstead ■ Hampton ■ Hampton Falls ■
Kingston ■ Lee ■ Newfields ■ Newmarket ■ Newton ■
North Hampton ■ Northwood ■ Nottingham ■ Plaistow ■
Raymond ■ Sandown ■ Seabrook ■ Stratham

Shopping Trip Schedule

Monday – Hampton, Newmarket, North Hampton and Seabrook

Tuesday – Exeter

Wednesday – Auburn, Barrington, Candia, Deerfield, Newmarket,
Newfields, Northwood, Nottingham and Stratham

Thursday – Brentwood, Durham, East Kingston, Kingston, Lee,
Newmarket, Newton and Plaistow

Friday – Atkinson, Danville, Epping, Fremont, Hampstead,
Raymond and Sandown

Who Can Use this Service?

Residents of Rockingham County and parts of Strafford County who are 60 years of age or older, and adults with disabilities. Transportation Services are not restricted to Lamprey Health Care patients.

What are the Costs of a Ride?

A \$5.00 donation is requested for medical appointments and shopping trips, and a \$10.00 donation is requested for the recreational day trips.

Medical Appointments

Transportation services to medical appointments are available Monday–Friday in addition to the daily shopping trip schedule. To arrange for transportation to your medical appointment call the Transportation Office at (603) 659-2424.

Can I bring a Wheelchair or Walker?

Yes! Our vans are handicap accessible, and provide door to door service for your convenience.

Additional funding is received by NH Division of Elderly and Adult Services, Piscataqua Bank, NH DOT, 26 local towns, and civic groups, businesses and individuals.

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