









2015 ANNUAL REPORT



Ken Chin, Esq. *Chair*



Jane T. Eng, Esq. Chief Executive Officer

Dear Friends:

2015 was an incredibly successful year for the Charles B. Wang Community Health Center, one filled with much growth and achievement. Our bilingual and bicultural health care team served more than 50,000 patients with over 275,000 service visits. We expanded our services with a second site located in Flushing, Queens. We earned many awards and recognitions, including the 2015 Joan Tisch Community Health Prize from the Roosevelt House Public Policy Institute at Hunter College for our work in hepatitis B, a National Quality Leader Award from the Federal Bureau of Primary Health Care, and a Quality Incentive award from Healthfirst.

We continue to pride ourselves in providing high quality and comprehensive care to medically underserved community members with a focus on Asian Americans. Every year we explore and extend what it means to best support the needs of our community. In 2015 it was hosting support groups for those living with breast cancer, managing diabetes, and supporting parents of children with special health care needs. It was working with our partners to create and implement a Community Action on Smoking and Health Initiative to address the alarming rate of smoking among Chinese American men in New York City. It was mobilizing hundreds of community members to write letters to New York senators, advocating against the reduction of Community Health Center federal funding, registering community members, patients, and staff to vote, and partnering with local organizations to assist community members applying for citizenship.

The Health Center would not be able to best serve our patients and community without the dedication of our board members, staff, volunteers, donors, and partners. Thank you for your support in 2015, and always.

Sincerely,

Ken Chin, Esq.

AR.

Jane T. Eng, Esq.

HEAL

Model of Care

It takes a team to meet our patients health and wellness needs. Our bilingual and bicultural doctors, nurses, specialists, social workers, health educators, mental health providers, nutritionist, family health workers, and administrative support staff work together to ensure our patients are healthy and stay healthy.



Comprehensive Services

The Health Center provides services for every member of the family, for every stage of their life. This includes internal medicine, obstetrics and gynecology, dental, pediatrics, and mental health. We are open seven days per week and serve everyone regardless of their ability to pay, language, ethnicity, or citizenship status.



New Site in Flushing, Queens

In November of 2015, the Health Center expanded to a new site in Flushing, Queens. Queens is home to nearly 50% of all Asian New Yorkers. The Health Center recognized the need to expand its high quality and culturally effective health care services to the fastest growing population in the city. The new site is located 137-43 45th Avenue, and provides services including family medicine, internal medicine, pediatrics, gynecology, mental health, health education, and social work.







"Every time I come to the Health Center, I arrive stressed and leave feeling relaxed and happy. My doctor is very knowledgeable and explains everything. I am very grateful."

Mr. F., patient



"I want to thank my dentist, Dr. Gain Lu. I have had several dental problems, and Dr. Lu treated each one carefully. She is so patient and sincere. Special thanks to Dr. Lu."

Ms. H., patient





EDUCATE



Health Education

Workshops and one-on-one education were held on key health topics that affect the Asian American community, including prenatal care, family planning, breast cancer prevention, diabetes management, stroke prevention, dementia, heart health, nutrition, autism, and parent-teen communication.

650

outreach events conducted.

25,000+

patients and community members reached with educational events.



Communications

The Health Center promotes access to care and health equity through its communications and advocacy efforts. The Health Center reaches partners and constituents through a range of traditional and new media, including Chinese language newspapers, radio and TV programs, print materials, a bilingual website, newsletter, blog, email, and social media.

18,000

people were reached through our newsletter, website, and social media in 2015













"Many people in the community work well into the night and don't think it is possible to e watching TV. I told a workshop participant about these exercises and saw him make chan another workshop to tell me about it. These experiences—seeing people make behavioral

Eileen (Ai Ling) Zhang, Senior Health Educator

Internships

The Community Service Learning Program (CSLP) supported eight high school interns for six months. Project Asian Health Education and Development (Project AHEAD), the Health Center's longest-running summer internship for college students interested in pursuing a career in healthcare, also hosted eight interns. Through our volunteer and internship programs the Health Center is helping to train the next generation of health care providers to serve the Asian American community.

120+

interns and volunteers served at the Health Center in 2015.



Advocacy

In 2015, the Health Center mobilized the community to send over 500 letters to New York Senator Kirsten Gillibrand and New York Senator Charles Schumer, bringing attention to the proposed changes in federal funding for the Community Health Center programs. As a partnering organization of Asian Pacific American Voting and Organizing to Increase Civic Engagement (APA VOICE), we partnered with Minkwon Center for Community Action and assisted community members to apply for citizenship.

150+

community members, patients, and staff were registered to vote.



xercise, but there are stretching and chair exercises you can do at home, even while ges in his life. With regular exercise, he ended up losing weight and even came back to changes—make me feel like I'm making a difference."

SUPPORT

Care Coordination

Managing one's health can be complicated in the current complex healthcare system. The Health Center bridges additional barriers that immigrant patients endure by coordinating care across all the elements of the broader health care system - including specialty care, hospital, home care, and community services.

Social Work Services

The Health Center's social workers take the extra step to support patients and their families. They provide individual and family supportive counseling, crisis intervention, case management, patient advocacy, and referrals to community resources.

Health Insurance Enrollment

Having health insurance can mean the difference between sickness and health. The Health Center's certified health insurance assistors help patients understand the importance of health insurance coverage, and help eligible patients sign up for the best plan that meets their needs.

Patient Support Groups

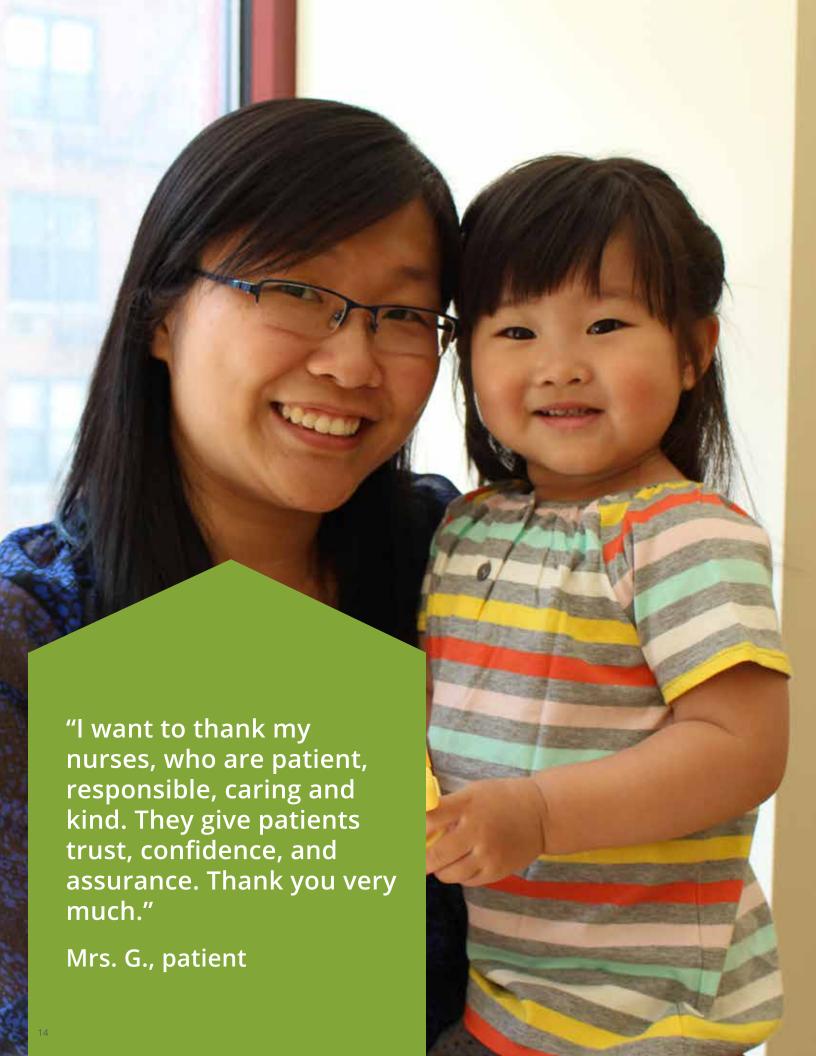
Patients and community members with extraordinary needs require extraordinary support. We provide language appropriate support groups in multiple areas including diabetes management, depression, breast cancer, and families with children with special health care needs.

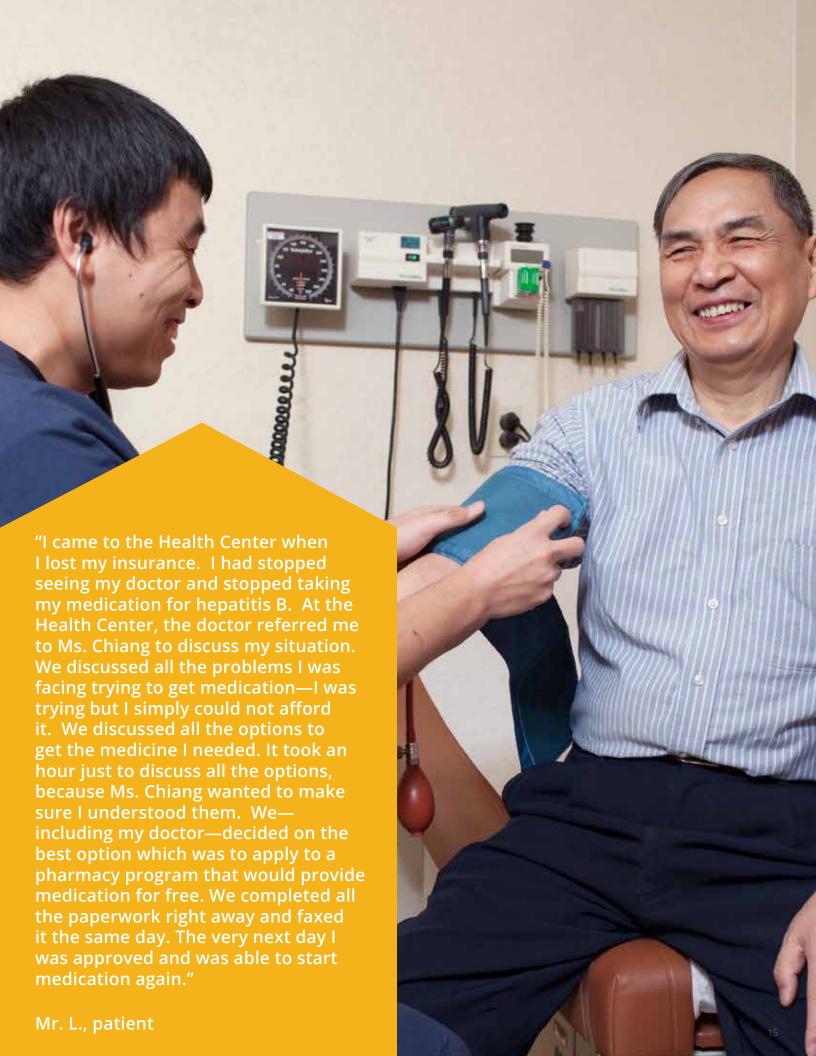
More Support Services

The Health Center provides a range of supplemental and crucial support services, including the WIC nutrition program for low-income pregnant women and mothers with newborns. Our registered dieticians provide nutrition counseling. We also offer reduced cost medication for those without health insurance, and help eligible patients who cannot afford out-of-pocket prescription drug costs sign up for pharmacy benefit assistance programs.











COLLABORATE

Community Action on Smoking and Health Initiative

The Health Center, Chinese American Medical Society (CAMS), Coalition of Asian American Independent Practices Association (CAIPA), Asian Americans for Equality, and NYU Langone Medical Center collaborates to educate the community about the dangers of smoking and to help smokers quit. In 2015, the Health Center developed a bilingual smoking cessation coaching program, trained community based private practice physicians to adopt tobacco screening, counseling, and referral protocols, and implemented a bilingual social marketing campaign. This initiative was made possible by generous support from the RCHN Community Health Foundation.



Hepatitis B Advocacy and Care

In 2015, the Health Center's Hepatitis B Program team led and took part in outreach and advocacy events across the globe. In New York City, the team disseminated hepatitis B information at the 2015 Lunar New Year Parades, coordinated a press event where more than 100 viral hepatitis advocates gathered on the steps of City Hall at an event that coincided with May's National Hepatitis Awareness Month and organized a "World Hepatitis Day" Candlelight Vigil at Washington Square Park with over 100 youth in attendance. The team attended numerous advocacy events in Washington, DC and the first World Hepatitis Summit in Scotland. Our Hepatitis B Care Program, supported by Robin Hood, provides accessible, comprehensive care for patients without health insurance. On June 9, 2015, the Hepatitis B Program was awarded the Joan H. Tisch Community Health Prize in recognition of its comprehensive and culturally accessible hepatitis B services.



Children with Special Health Care Needs Initiative

The Health Center's Pediatrics team supports families with children with special health care needs (CSHCN). Through bilingual parent support groups, parents learned about services and programs that can help children with special health care needs, shared tips, and gained social and emotional support from each other. The team also hosted quarterly meetings with a network of community partners to improve service coordination, and co-sponsored workshops and activities to address the needs of Chinese immigrant families.



2015 Good Health Day

On August 2015, the Health Center hosted its annual Good Health Day health fairs in Flushing, Queens and Chinatown, Manhattan. Attracting more than 3,500 participants each year, Good Health Day is the Health Center's biggest outreach event that aims to raise awareness of good health in the Asian American community, and links community members to resources. Local residents were screened for diabetes, hypertension and cholesterol, and learned how to take care of their health by playing interactive games. The 2015 Good Health Day fairs coincided with the national celebration of the 50th anniversary of the Community Health Center Movement.



Breast Cancer Support Group

The Health Center has been generously funded by Komen Greater NYC for 19 years to support our patients living with breast cancer. In 2013, we launched a Chinese language breast cancer support group held in Manhattan. The Health Center's social work team served over 35 women through the support group in 2015. The support group focuses on providing holistic psychosocial support services through small group discussions to help participants move past feelings of fear and helplessness to an improved quality of life and survivorship.



"Patients become stronger after suffering from cancer. They feel the need to reach out and help others who are newly diagnosed or are receiving treatment. Many survivors stated that receiving the diagnosis was the darkest moment in their lives, and that they almost lost their will to live; they want to let those still fighting know that it does get better and they too can beat cancer. Our breast cancer support group helps women address their fears about their diagnosis, provide tools to better communicate about their illness, and encourage timely treatment."

Yuen Shan (Manna) Chan, LCSW Social Work Director





"The Health Center has long recognized the need to work in partnerships within and beyond the health sector to address service, policy and systems level changes. We currently participate in many partnerships, such as the Region II Regional Health Equity Council, NYC Hepatitis B Coalition, and NYU Langone Medical Center Community Service Plan. We have learned that a high degree of community ownership and participation is essential for sustained success in population level health outcomes."

Regina Lee, Esq., Chief Development Officer

INNOVATE



English and Chinese Patient Portal

44,000+

patients in the Health Center are best served in languages other than English.

In an effort to improve communication between the patient or patient's family and their doctor, we launched both English and Chinese language patient portals in 2013. The portal enables patients to access their health records, review lab results, request appointments, refill prescriptions, and communicate with their healthcare providers - all in a secure environment. Providing language appropriate patient portals has allowed for culturally competent communication with our patients, more effective care coordination, and improved patient engagement.



Photo Credit: Les Talusan/AAPCHO

Research, Evaluation and Dissemination of Promising Practices

Our Research and Evaluation team conducts and supports community-based research on diseases and health conditions that disproportionately burden Asian Americans, and evaluates the Health Center's programs and services. In 2015, Health Center staff co-authored a paper entitled "Sources of Health Information among Select Asian American Immigrant Groups in New York City," published in Health Communications. Additionally, staff presented orally and through posters in at numerous conferences across the country on topics affecting our patients, such as breast cancer support groups, smoking prevalence among adults, cultural adaptation of evidencebased interventions, barriers to breastfeeding and challenges of autism in the Chinese American Community.

2015 Awards



- Level 3 Patient Centered Medical Home (PCMH)
 National Committee for Quality Assurance
- 2015 Joan Tisch Community Health Prize
 Roosevelt House Public Policy Institute at Hunter College
- 2015 Clinical Quality Improvement Award Federal Bureau of Primary Health Care
- 2015 Quality Incentive Award HealthFirst

"I am very proud that one of the Health Center's core values is delivering high quality, patient-centered care to all. Everyone in the organization, not just our doctors, but everyone from top to bottom, is responsible for quality."

Jane T. Eng, Esq., Chief Executive Officer



2015 National Quality Leader Award

Federal Bureau of Primary Health Care

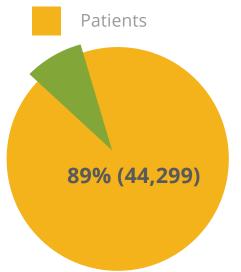


2015 Health Center Quality Leader Award

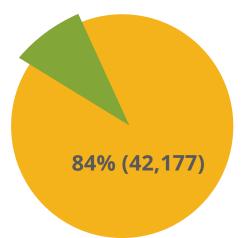
Federal Bureau of Primary Health Care

2015 Highlights

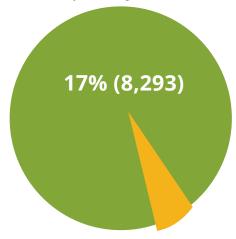
Patient Demographics



Patients best served in language other than English



Patients with income at or below 200% of poverty



Patients without health insurance

50,008

Total patients served

275,749

Total service visits



Patient Satisfaction Surveys



90%

indicate that providers are courteous, respectful, listen, and communicate



88%

are satisfied with provider's medical decision making

90%

are satisfied with provider's attention to care



90%

are satisfied with coordination of care

71% are satisfied with our facility



74%

are satisfied with our Patient Service Representatives

2015 Clinical Performance

Indicator	CBWCHC	NYS Medicaid	Healthy People 2020 Target
First trimester entry into prenatal care	93.4%	72%	77.9%
Low birthweight	5.0%	6.5%	7.8%
Childhood immunization	86.3%	73%	80%
Cervical cancer screening	86.3%	71%	70.5%
Colorectal cancer screening	67.2%	59%	70.5%
Depression screening	76%	n/a	n/a
Adolescent weight screening and follow-up	96.3%	77%	n/a
Adult weight screening and follow-up	81.8%	85%	n/a
Adults screened for tobacco use and			
received cessation intervention	97.8%	78%	68.6%
Dental sealant	84.3%	n/a	21.9%
Appropriate asthma treatment	99.3%	78%	n/a
Coronary artery disease lipid therapy	82.9%	n/a	n/a
Heart attack/stroke treatment			
(aspirin therapy for ischemic vascular disease)	93.2%	n/a	n/a
Blood pressure control (<140/90)	79.5%	65%	61.2%
Uncontrolled diabetes (HBA1c>9)	5.4%	32%	16.2%
Linkage to HIV care	100%	n/a	n/a

"Dr. Pong helped me and also called to check up on me. I am extremely grateful for his care and kindness. Thank you for being an awesome doctor!"

Mr. H., patient



"Dr. Gong is the best.
She answers all of
my questions, is
professional and honest.
I can count on her to
give the care I look for in
a doctor. Thank you!"

Mrs. M., patient

2015 Financial Indicators

	CBWCHC	2014 Industry Data
Current Ratio	5.98	2.42
Days in Net Accounts Receivable	50	51
Days in Gross Accounts Receivable	50	77
Days in Accounts Payable	42	40
Days in Reserve	255	59
Days in Cash	167	35
Days in Working Capital	252	45
Net Patient Revenue per Visit	\$173.56	\$134.75
Total Cost per Visit	\$210.08	\$203.88
Sliding Fee % of DHHS Grant	61.43%	53.79%
Program Services %	86%	82%
Administrative Expenses %	14%	18%

Financial Statement

Revenue	
Patient services	\$41,240,565
Federal grants	\$7,496,424
Contract services	\$1,507,946
Foundation grants, pledges and contributions	\$212,589
Donated vaccines and services	\$1,845,309
Other	\$4,208,568
Total Revenue	\$56,511,401
Expenses	
Program services	\$44,725,315
General and administrative	\$7,021,982
Fundraising	\$13,431
Total expenses	\$51,760,728
Increase in unrestricted net assets	\$4,750,673
Increase in temporarily restricted net assets	\$743,250
Increase in net assets	\$5,493,923

Grants and Contracts

Affinity Health Plan

Amerigroup

Asian American Advancing Justice

Asian American Federation of New York

Asian Health Foundation

Association of Asian Pacific Community Health

Organizations

Avon Foundation

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Vicki Chang Fund – Dr. James Chang

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NYC Department of Health and Mental Hygiene

NYC Greener Healthier Chinatown Initiative

NYS Department of Health

NYS Health Foundation

NYS Indigent Care

NYU Hospitals Center's Community Service

Plan

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WellCare of New York

WK Kellogg Foundation

Miranda Wong Tang



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Platinum (\$50,000 and above)

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Diamond (\$25,000-\$49,999)

Miranda Wong Tang

Jade (\$10,000-\$24.999)

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Ernest & Joan Liu
The Hunter College Foundation, Inc.
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& Marie Lam
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Centerlight Health Care

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