

## OPEN DOOR FAMILY MEDICAL CENTERS CELEBRATES NATIONAL WOMEN'S HEALTH WEEK IN OSSINING MAY 9-15

Open Door Family Medical Centers welcomed Ossining Mayor William Hanauer the morning of Monday, May 10, where he proclaimed May 9-15, the week following Mother's Day as **Ossining Women's Health Week**. Mayor Hanauer, who considers Open Door a "hub of activities" in Ossining, stressed the importance of women's health in the community saying "if we don't have healthy women, we don't have healthy children."



"Almost half of Open Door's patients are women," says Open Door COO Anita Wilenkin. "It's the women who decide the health care their families receive and it is imperative to take care of our women so they can take care of our future generations."

Ossining Women's Health Week is part of a national celebration coordinated by the U.S. Department of Health. This year's theme, "It's Your Time," aims to empower women to prioritize their personal wellbeing. Throughout the week Open Door offered free health screenings, nutrition education, walking groups, yoga and zumba classes. "Women's Health Week fits with our mission of reaching out to underserved members of our community," says Francia Ortiz, Patient Advocacy Supervisor at Open Door. "It's a great opportunity for us to open our doors to these women."

Women's Health Week coincides with National AmeriCorps week ([www.americorpsweek.gov](http://www.americorpsweek.gov)). Open Door's AmeriCorps volunteers, the driving force of the week's events, were on-hand with educational materials and information on a variety of women's health topics in English and Spanish. "The idea to celebrate Women's Health Week came from our AmeriCorps members," says Martina Persson, AmeriCorps Program Administrator at Open Door. "We are grateful for them and could not put on events like these without them."

### **About Open Door Family Medical Centers**

Open Door has received the highest Recognition as a Patient-Centered Medical Home™ (PPC-PCMH™) from the National Committee for Quality Assurance (NCQA). This ranking distinguishes them from medical practices across the nation as less than 12% are presently eligible to achieve this advanced standing. The federally qualified community health center serves a multi-cultural community and has provided top quality medical, dental care and social services to the Westchester community, particularly the economically disadvantaged, for 38 years. Open Door has four centers in Westchester located in Ossining, Port Chester, Mt. Kisco and Sleepy Hollow. In addition, Open Door operates School-Based Health Centers in Port Chester at The Edison Elementary School, Kennedy Magnet School, Port Chester Middle School and Port Chester High School. In 2009, approximately 41,000 patients were treated at Open Door, making nearly 200,000 patient visits. Over 13,483 children were treated during that same year. Funding for Open Door Family Medical Centers comes from local, state and federal grants as well as private foundations and individuals.