

Open Door Family Medical Centers Receives Grant from the United Way of Westchester and Putnam to Continue “Fit for Life” Program in Port Chester Schools

Open Door Family Medical Centers in Port Chester has received a \$20,000 grant from the United Way of Westchester and Putnam’s Step Up 2 Health Initiative, which focuses on encouraging youth and adults to incorporate nutritional eating and exercise into their daily lives both in school and at home. The grant will support “Fit for Life,” a comprehensive health and wellness program developed by Open Door’s School-Based Health Centers aimed to reduce childhood and family obesity in the Port Chester/Rye Union School District.

About Open Door Family Medical Centers

Open Door has received the highest Recognition as a Patient-Centered Medical Home™ (PPC-PCMH™) from the National Committee for Quality Assurance (NCQA). This ranking distinguishes them from medical practices across the nation as less than 12% are presently eligible to achieve this advanced standing. For 39 years, the federally qualified community health center has served a multi-cultural community and has provided top quality medical, dental care and social services to the Westchester community, particularly the economically disadvantaged. Open Door has four centers in Westchester located in Ossining, Port Chester, Mt. Kisco and Sleepy Hollow. In addition, Open Door operates five school-based health centers in Port Chester at The Edison Elementary School, Park Avenue School, Kennedy Magnet School, Port Chester Middle School and Port Chester High School. In 2010, 43,505 patients were treated at Open Door, making 170,061 patient visits. In the same year 13,842 children were treated. Funding for Open Door Family Medical Centers comes from local, state and federal grants as well as private foundations and individuals.

