

Care for the Homeless Pediatric Mental Health Services



PMH Direct Counseling, Treatment and Support

- Mental Health education and support to families
- Mental Health Screening (tools such as PHQ-9)
- Psychotherapy for families
- Pharmacological and non-pharmacological interventions to stabilize and improve clients presenting for care
- PMH Aftercare and Referral and Follow-up Program

Living in homeless shelters causes great strain on families. CFH acknowledges this fact and has developed Pediatric Mental Health services to offer mental health care to homeless children. PMH staff encourage parents and their children to participate in PMH services which use group and individual activities. These services combine early intervention, counseling, treatment and parent/guardian involvement to resolve emotional health issues. The PMH services are carried out by psychiatrists and case managers.

PMH Services Targets

Mental illness is a great contributor to homelessness, and PMH services attempt to break the vicious cycle by targeting infants, children and adolescents. Early detection and treatment will improve their physical and emotional health and that of their families while providing support and a mechanism for safe integration or transition into their new community and into community-based mental health care, as needed.



PMH Clients in 2009-2010

- 858 unduplicated clients
- 2,700 visits

PMH Services

- Counseling
- Treatment
- Support

PMH Results

- Improvements in family, school and community

Care for the Homeless' Administrative office is located at 30 E. 33rd St. Fifth Floor New York, NY 10016

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