

## CURRICULUM VITAE

### **Raksha Joshi**

FACOG, FRCOG, MBA, CPE, MS, MBBS

Chief Medical Officer and Medical Director, Monmouth Family Health Center  
270, Broadway, Long Branch NJ 07740

Assistant Professor of Obstetrics and Gynecology  
Drexel University, College of Medicine  
Philadelphia, PA

Associate Professor of Obstetrics and Gynecology  
St. George's University, Grenada

### **EDUCATION**

#### **Medical**

American Board of Obstetrics and Gynecology	Board Certified by the American Board of Obstetrics and Gynecology	2000
MRCOG	Royal College of Obstetricians and Gynaecologists	1991
FRCOG(Fellowship elevation)	London; United Kingdom, Board Certification in the UK	2003
MS Master of Surgery OBGYN	University of Rajasthan, Jaipur; India; Research Thesis 'Clinico-pathological Correlation of Fetal Maturity' (Board Certification in India)	Jan 1984
M.B.B.S	University of Rajasthan, Jaipur, India Jawaharlal Nehru Medical College Ajmer, Rajasthan; India Rotating Internship with various specialties	1979 1980

#### **Business**

Certified Physician Executive (CPE)	American College of Physician Executives Certification	2002
Master of Business Administration (MBA) Health Care Management	Master's Degree in Health Care Management Century University	2001

#### **General**

First Year	Sophia Girls College Science Ajmer, Rajasthan; India	1974
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### **POSTGRADUATE TRAINING IN OBSTETRICS AND GYNECOLOGY**

MS Master of Surgery OBGYN (Board Certification, India)	Residency Training in Obstetrics and Gynecology Jawaharlal Nehru Medical College Ajmer, Rajasthan; India	1981-1983
MRCOG, FRCOG elevation	Senior House Officer and Registrar	1991-1993

Royal College of Obstetricians And Gynecologists, London United Kingdom (Board Certification, UK)	Obstetrics and Gynecology National Health Service Hospitals, Guy's and Lewisham NHS Trust London; UK, South-East Kent Health Authority at Dover and Ashford; UK	2003
FACOG ABOG certified (Board Certification in the United States of America)	Residency and Chief Residency in Obstetrics and Gynecology, completed 6.98 Long Island College Hospital Brooklyn, New York NY 11201	1994-1998

**CERTIFICATION (OBSTETRICS AND GYNECOLOGY)**

American Board of Obstetrics and Gynecology	Board Certified	2000
Royal College of Obstetricians and Gynaecologists, London; UK	MRCOG-Board Certification in OBGYN, UK, Fellowship elevation	May 1991 May2003
University of Rajasthan, Jaipur; India	MS Obstetrics and Gynecology Board Certification in Obstetrics and Gynecology in India	January 1984

**PROFESSIONAL APPOINTMENTS**

Chief Medical Officer and Medical Director, Monmouth Family Health Center Long Branch, NJ 07740	5.04 to date
Accreditation Council For Graduate Medical Education (ACGME), Field Officer	9.03 to 2.04
Director, Ambulatory OB/GYN Services Associate Program Director, OB/GYN Residency Program Monmouth Medical Center, Long Branch, NJ	7.98 to 9.03
Site Director, Core Clerkship OBGYN, Drexel University Medical School	7.98 to 9.03
Site Director, Core Clerkship OBGYN, St. George's University Medical School	9.2000 to 9.03
House Physician in Obstetrics and Gynecology, Long Island College Hospital, NY	7.93 to 6.94
Medical Officer in Obstetrics and Gynecology Al Corniche Hospital, Abu Dhabi, United Arab Emirates	2.90 to 12.90

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Medical Officer Ruweis Hospital Abu Dhabi, United Arab Emirates	8.88 to 2.90
Specialist in Obstetrics and Gynecology Private practice, United Arab Emirates	4.85 to 7.88
Specialist in Obstetrics and Gynecology Ministry of Health, Republic of Iran	1.84 to 4.85

**LICENSURE**

State of New York # 208874	1998
State of New Jersey # MA 62909	1995

**ACADEMIC APPOINTMENTS**

Drexel University College of Medicine	Assistant Professor Obstetrics & Gynecology	11.2001 onward
Drexel University College of Medicine	Clinical Assistant Professor OB & GYN	7.98 to 10.01
St. George's University Grenada	Associate Professor OB & GYN	2002 onward

**HONORS AND AWARDS**

American College of Obstetricians and Gynecologists	'Blue Ribbon' Award of excellence for Research Paper presented	2007 ACM
American College of Obstetricians and Gynecologists	'Blue Ribbon' Award of excellence for Research Paper presented	2006 ACM
Monmouth Medical Center Department of Obstetrics and Gynecology, Long Branch, NJ	Excellence in Teaching, Educational Award (selection by residents' obgyn residency program)	2004-2005
Drexel University College of Medicine	Dean's Special Award for Excellence in Clinical Teaching	2003
Performance Improvement Council Monmouth Medical Center	Recognition award for Quality Assurance and Improvement of patient care	2001, 2002, 1999
Monmouth Medical Center Patient Satisfaction Department	Award 'I Made A Difference' for consistent Patient Satisfaction	2001,02,03,04, 05, 06
APGO (Association of Professors of Gynecology and Obstetrics)	Award for excellence in undergraduate teaching, selected as Educational Scholar Graduated the program	2000 2001 2003
MCP Hahnemann University Medical School (now Drexel University)	Dean's Special Award for Excellence in Clinical Teaching	2000
MCP Hahnemann University Medical School (now Drexel University)	Nomination for the Golden Apple award for Medical Student teaching	2000
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Council On Resident Education In Obstetrics And Gynecology-CREOG	National Faculty Award For Excellence In Resident Education	1999
Long Island College Hospital, NY CREOG (OBGYN in-service Annual examinations)	Best Resident Colposcopist Above 99 percentile marks in '94,'95, '96, '97,'98,'99 and 2000	1997-1999 1994-2000
University of Rajasthan, Jaipur	Among top five on University Merit List	1974-1979

India	at each MBBS examination Honors Marks (>75%) in Anatomy and Pathology	
Jawaharlal Nehru Medical College Ajmer, Rajasthan; India	Gold Medal in Medicine 'Teaching Resident' position	1978-1979 1982-1983
Government of India	National Merit Scholarship Award	1973-1980
Sophia Girls College Ajmer, Rajasthan; India	Certificates of Merit	1973-1974
St. Mary's Convent Girls' Higher Secondary School Ajmer, Rajasthan; India	'First In Class' and numerous Merit Certificates for best performance at each school year	1965-1973

### PROFESSIONAL MEMBERSHIPS

Association of Professors of Obstetrics and Gynecology ( APGO, USA )  
 American College of Obstetricians and Gynecologists- Fellow (FACOG)  
 Royal College of Obstetricians and Gynaecologists, London, United Kingdom, Fellow (FRCOG)  
 American Society for Colposcopy and Cervical Pathology (ASCCP)  
 American College of Physician Executives (ACPE)

### COMMITTEE MEMBERSHIPS

Monmouth Family Health Center Long Branch, NJ	Chair, Patient Care and Quality Assurance Committee, Member Risk Management Committee, Credentials Committee, Strategic Planning Committee	5.'04 to date
Monmouth Medical Center Long Branch, NJ	Medical Education Committee Ambulatory Services Committee Quality Assurance OBGYN Committee Institutional Research Review Board Operating Rooms Committee Pharmacy and Therapeutics Committee	7.98 to 9.03
Long Island College Hospital Brooklyn NY	Quality Assurance OB/GYN Committee Pharmacy and Therapeutics Committee	1997-1998

### EDUCATIONAL / TEACHING ACTIVITIES

Monmouth Family Health Center Long Branch, NJ	Teaching Residents and medical students in the Ambulatory Care, and didactic sessions	5.'04 onward
APGO(Association of Professors of Gynecology and Obstetrics)/Solvay	Selected as Educational Scholar Graduated the program	...Contd....5 8.2000,8.2001 3.2003
Monmouth Medical Center Long Branch, NJ	Teaching Residents and medical students in the Ambulatory Care, Operating Rooms, Wards, Labor and Delivery and didactic sessions	7.98 to 9.03
Long Island College Hospital	Teaching junior residents and medical	1995-1998

Brooklyn, NY	students in OBGYN clinics, Labor and Delivery Suite, Operating rooms and student lectures	
National Health Service Hospitals the United Kingdom	Teaching residents in clinics Labor and Delivery Units, Operating Theaters and Wards	1991-1993
Jawaharlal Nehru Medical College Ajmer, Rajasthan; India	Awarded 'Teaching Resident' honor in Obstetrics and Gynecology for teaching junior residents and students in OBGYN clinics, Operating rooms and wards in addition to didactic sessions with them	1982-1984

**CLINICAL ACTIVITIES**

Monmouth Family Health Center Long Branch, NJ	Active Clinical Practice in Office Gynecology and Obstetrics	5.'04 to date
Monmouth Medical Center Long Branch, NJ	Supervised morning rounds, Labor and Delivery, Obstetrics and Gynecology Clinics Colposcopy clinics and Operating room procedures	7.98 to 9.03

**SCHOLARLY ACTIVITY PUBLICATIONS**

'Assessment of A 360 Degree Instrument To Evaluate Resident Competency In Interpersonal And Communication Skills', published in Academic Medicine, 2004, Volume 79:5, 458-463.

'Building Employee Loyalty' article in The Physician Executive (Journal of the American College of Physician Executives); contributor to the article. July-August 2003, Volume29, issue#4, page 24.

Joshi R. Fetal Death (Educational Objective #22), Editor. APGO Medical Student Educational Objectives, 7<sup>th</sup> edition. Association of Professors of Gynecology and Obstetrics (APGO) Web site, <http://www.apgo.org/members/index.cfm/cat/for%20educators.htm>, May2003.

Joshi R. Vulvar and Vaginal Disease (Educational Objective # 38), Editor. APGO Medical Student Educational Objectives, 7<sup>th</sup> edition. Association of Professors of Gynecology and Obstetrics (APGO) Web site, <http://www.apgo.org/members/index.cfm/cat/for%20educators.htm>, May2003

Joshi R. Puberty (Educational Objective #46), Editor. APGO Medical Student Educational Objectives, 7<sup>th</sup> edition. Association of Professors of Gynecology and Obstetrics (APGO) Web site, <http://www.apgo.org/members/index.cfm/cat/for%20educators.htm>, May2003

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Joshi R. Sexuality (Educational Objective #60), Editor. APGO Medical Student Educational Objectives, 7<sup>th</sup> edition. Association of Professors of Gynecology and Obstetrics (APGO) Web site, <http://www.apgo.org/members/index.cfm/cat/for%20educators.htm>, May2003

Joshi R. Sexual Assault (Educational Objective #63), Editor. APGO Medical Student Educational Objectives, 7<sup>th</sup> edition. Association of Professors of Gynecology and Obstetrics (APGO) Web site, <http://www.apgo.org/members/index.cfm/cat/for%20educators.htm>, May2003

Joshi R. Domestic Violence (Educational Objective #64), Editor.

APGO Medical Student Educational Objectives, 7<sup>th</sup> edition. Association of Professors of Gynecology and Obstetrics (APGO) Web site, <http://www.apgo.org/members/index.cfm/cat/for%20educators.htm>, May2003

## **INVITED SPEAKER (NATIONAL AND REGIONAL PEER REVIEWED MEETINGS)**

'Is It Time To Recommend Universal HPV (Human Papilloma Virus) Vaccination?' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2009, Chicago.

'Knowledge Is Power, Strategies To Implement A Successful HPV Vaccination Program' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2008 in New Orleans.

'Can Carcinoma Of The Cervix Be Eradicated? Updates On The HPV Vaccines' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2007, San Diego.

'The HPV Vaccine, What Now? Practical Strategies For Implementation Of A Vaccination Program' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2007, San Diego.

'ASCUS' And HPV Testing, Perils, Pitfalls, And How To Avoid Them' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2006, in Washington, D.C.

'Can Carcinoma Of The Cervix Be Eradicated? The Role Of The HPV Vaccines' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2006, Washington, D.C.

'ASCUS' And HPV Testing, Perils, Pitfalls, And How To Avoid Them' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2005, in San Francisco.

'Practical Strategies For Evaluating Resident Interpersonal And Communication Skills', luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2005, in San Francisco.

'Practical Strategies To Prevent And Manage The Vexing Problem Of The "ASCUS" Pap Smear Result', luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2004, in Philadelphia.

American College of Physicians Regional Meeting, Woodbridge New Jersey, January 31, 2003, conducted workshop on Office Based Gynecology. Topics -'Cervical Cancer Screening And The New Bethesda 2001 Guidelines' and 'Vaginitis, Diagnosis And Management'.

'Forceps And Vacuum Deliveries, How To Avoid Helping Our Adversaries, The Attorneys' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2003, in New Orleans.

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'The 2001 Bethesda System For Papanicolaou Smear Reports, Clarification, Or More Confusion For Us?' luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2003, in New Orleans.

'Documentation Is Your Best Friend, Risk Management For Forceps Deliveries', luncheon presentation at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2002, in Los Angeles.

'Proactive Strategies To Decrease The Cesarean Delivery Rates For Dystocia', luncheon presentation at the

Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2002, in Los Angeles.

## **RESEARCH AND PRESENTATIONS AT NATIONAL PEER REVIEWED MEETINGS**

Paper 'Do 'Private' Patients Know More Than 'Clinic' Patients About The Cancer Cervix And HPV Connection?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2009, Chicago.

Paper 'Do Our Patients Know About The Human Papilloma Virus (HPV) Vaccine?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2009, Chicago.

Paper 'The 'Early' Post-Partum Visit, Critical For Post-Partum Depression Screening And Treatment' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2008, New Orleans.

Paper 'Do Our Patients Know The Cancer Cervix And Human Papilloma Virus (HPV) Connection ?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2008, New Orleans.

Paper 'The Pap Smear Test, Do 'Private' Patients Know More Than 'Clinic' Patients?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2007; in San Diego. This paper won the 'Blue Ribbon' Award.

Paper 'Do Patients Really Know What A Pap Smear Test Is?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2006; in Washington D.C. Won 'Blue Ribbon' Award.

Paper 'Are Unique Skills Required For Communication And Interpersonal Relations Among Residents?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2006; in Washington D.C.

Paper 'Teaching Kegel Exercises, Is There A Better Way?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2005; in San Francisco. I co-mentored this paper.

Paper 'Can A Third Trimester Complete Blood Count Be Eliminated?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2005; in San Francisco. I mentored this paper.

Paper 'A Cost-Benefit Analysis, Diagnosing Bacterial Vaginosis In Pregnancy, Wet-Mount Preparation Versus Fem-Exam Card' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2004; Philadelphia.

Paper 'A 360<sup>0</sup> Instrument To Evaluate Resident Competency In Interpersonal And Communication Skills With Comparison To Self-Assessment', presented at the Annual APGO (Association of Professors of Gynecology and Obstetrics) CREOG (Council On Resident Education In Obstetrics and Gynecology) meeting, 2003, Anaheim.

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Paper 'Documenting Cesarean Delivery Indications, Who Meets The Quality-Of-Care Indicators?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2003, New Orleans.

Paper 'Gestational Diabetes Screening, Can Hemoglobin A1C Replace The Glucose Challenge Test?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2002, in Los Angeles.

Paper 'Occiputposterior Vertex In Labor, An Underrecognized Cause Of Dystocia' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 2000, in San Francisco.

Paper 'The ASCUS Pap Smear, Who Should Undergo Colposcopy?' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 1999, in Philadelphia.

Paper 'Prediction Of Large For Gestational Age Infants In Diabetic Pregnancies By A Single Ultrasound Parameter' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 1999, in Philadelphia. I have co-authored this paper.

Paper 'Prediction Of Fetal Growth Pattern And Maternal Glycemic Control In Early And Late Gestation' presented at the Annual Clinical Meeting of the American College of Obstetricians and Gynecologists, 1999, in Philadelphia. I have co-authored this paper.

Paper 'Labor Ward Work Waxes And Wanes With The Lunar Cycle, Myth Or Reality?' presented at the Annual Clinical Meeting of the ACOG 1998 at New Orleans, abstract published in Primary Care Update for the Obstetrician Gynecologist, volume 5, issue 4; July 1998.

Paper 'E. Coli, A Significant Organism For Preterm Premature Rupture Of Membranes At Early Gestation' presented at the annual clinical meeting of the American College Of Obstetricians and Gynecologists, 1997, at Las Vegas.

Paper 'Obstetrical Predictors of Successful Delivery of Large Infants' presented at the Society of Perinatal Obstetricians 1996 annual meeting in Hawaii. The abstract of this paper was published in the American Journal of Obstetrics and Gynecology 1996; 174: 481 Abs 629.

## **RESEARCH AND PRESENTATIONS, LOCAL**

Paper 'Evidence-Based Cesarean Section – Are We Following The Recommendations?' won award at the annual research competition (2006) at Monmouth Medical Center.

Paper 'The Cancer Cervix And Human Papilloma Virus (HPV) Connection, Do Our Patient's Know?' presented at the annual research competition (2006) at Monmouth Medical Center.

Paper 'Analysis Of The Correlation Of Pap Smear Results, Colposcopic Findings And Pathologic Evaluation Of Biopsies' presented at the annual research competition (2006) at Monmouth Medical Center.

Paper 'Review Of Hysteroscopy At A Community Hospital – Do We Meet ACOG Criteria For Quality?' presented at the annual research competition (2006) at Monmouth Medical Center.

Paper 'Do Patients Really Know What A Pap Smear Test Is? A Needs Assessment' presented at the annual research competition (2005) at Monmouth Medical Center.

Paper 'A Cost-Benefit Analysis, Diagnosis Of Bacterial Vaginosis, Wet-Mount Preparation Versus Fem-Exam Card' won award at the annual research competition (2003) at Monmouth Medical Center.

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Paper 'The Obstetrical Ultrasound Examination, The Mother's Perspective On Fetal Gender' won award at the annual research competition (2002) at Monmouth Medical Center.

Paper 'Gestational Diabetes Testing, Can Hemoglobin A1C Replace the Standard Glucose Challenge Test?' won award at the annual research competition (2001) at Monmouth Medical Center.

Paper 'Occiputposterior Positions Of The Fetal Vertex In Labor, Incidence, Clinical Associations And

Outcomes' won award at the annual research competition (2000) at Monmouth Medical Center.

Paper 'The ASCUS Pap Smear, Who Should Undergo Colposcopy?' presented to the New York Obstetrical Society at their Annual Residents' Night Meeting 1998; won award for this presentation.

Paper 'Shoulder Dystocia, An Unpredictable, Ever-present Danger for Parturient Mothers and Their Infants' presented to the Brooklyn Gynecological Society, won the Prize Paper award at the Residents' Paper Competition of the Society at their annual Residents' Night Meeting in 1997.

Paper 'Encouraging Maternal and Neonatal Results With Conservative Management of Preterm Premature Rupture of Membranes, An Analytical Study' won a Certificate of Merit from the New York Obstetrical Society 1997. This paper also won the Award of Achievement from the Brooklyn Gynecological Society 1997.

Paper 'Computer Analysis of Colposcopy' won awards of merit from the New York Obstetrical Society as well as the Brooklyn Gynecological Society 1996.

Paper 'The ASCUS Pap Smear, Debate Continues' published in the Wyeth-Ayerst Resident Reporter Journal at the ACOG annual clinical meeting 1996.

Research work on the study of Ectopic pregnancy, covering approximately 19,000 pregnancies recorded as a long commentary accepted by the Royal College of Obstetricians and Gynaecologists, London; UK.

Research work on study of Shoulder Dystocia covering about 18,000 deliveries over a two year period, recorded as a long commentary accepted by the RCOG, London; UK.

*Raksha Joshi*