

(Clockwise from Left: Congressman Michael Michaud, Senator Wes Tuttle, Representative Andrea Boland, Marty Sabol, Sanford Mayor Maura Herlihy, Representative Bill Noon and YCCAC Board President, Claudette Dupee)

## Congressman Michael Michaud Pays a Visit to Nasson Health Care

On Friday, November 1<sup>st</sup>, Congressman and Maine Gubernatorial Candidate Mike Michaud visited YCCAC's health center, Nasson Health Care. Congressman Michaud joined with YCCAC Board President, Claudette Dupee and Director of Health Services, Marty Sabol, to discuss topics related to Maine's health care delivery system.

In addition, Congressman Michaud addressed issues surrounding Maine's veterans, highlighting the problem of homelessness among vets throughout the State, and barriers many veterans face in receiving services. Given Maine's predominantly rural landscape, some veterans and their families struggle with transportation challenges, particularly those who must receive ongoing care.

Sanford Mayor Maura Herlihy offered an account of one household's struggle with accessing care: "Mary", is an elderly woman in Sanford resident, whose husband served in World War II. Since her husband was admitted for long-term care at the Togus VA Medical Center in Augusta, Mary has been traveling twice a week to visit him. The strain of the commute is an extreme hardship on the couple, given their advanced ages—a hardship that will only get worse in the coming months as Maine's winter make the hundred-mile journey slicker and more dangerous. The group discussed community health centers, such as Nasson Health Care, becoming an increasingly important local resource for Maine veterans.

Also in attendance was Jim Nimon, Executive Director of the Sanford Regional Economic Growth Council, and Jean Noon.