sixteenth street community health center 1995 annual report

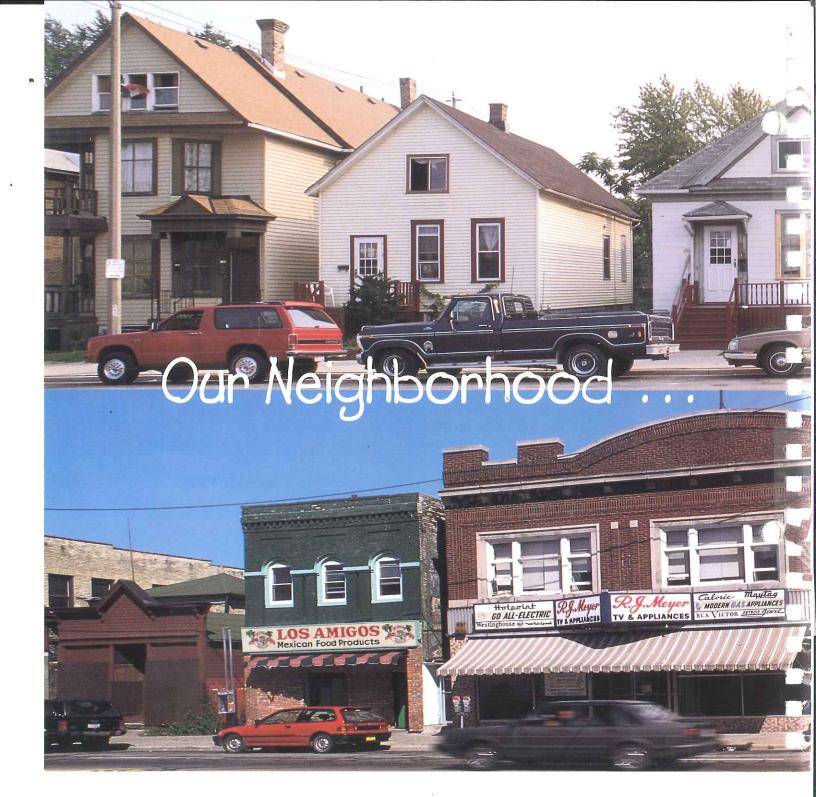
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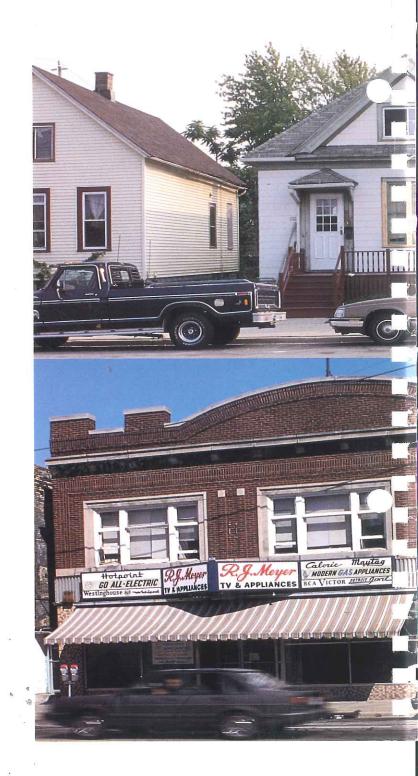
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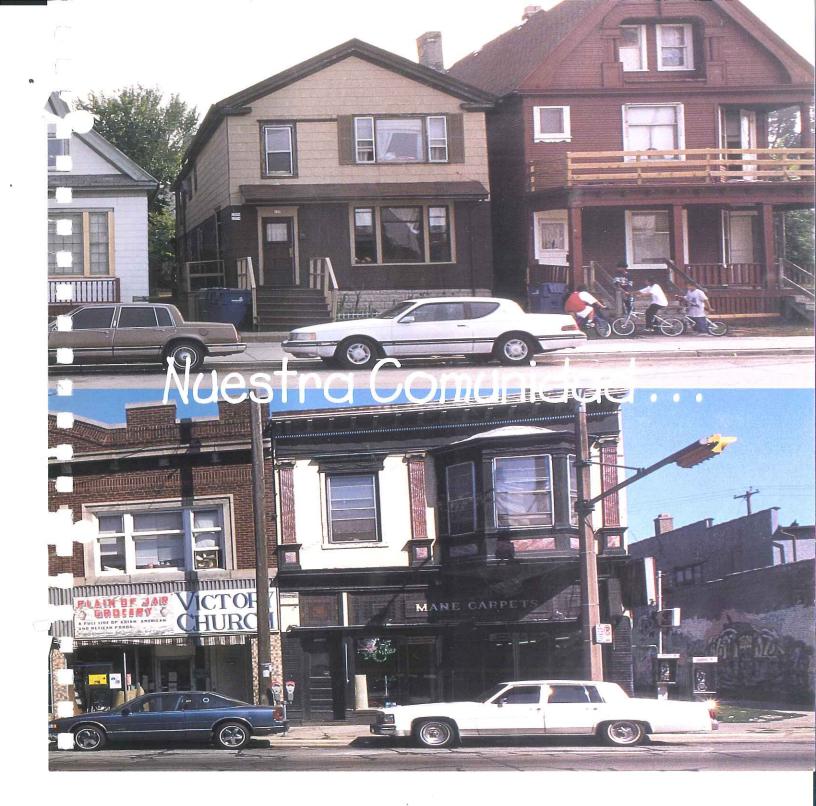
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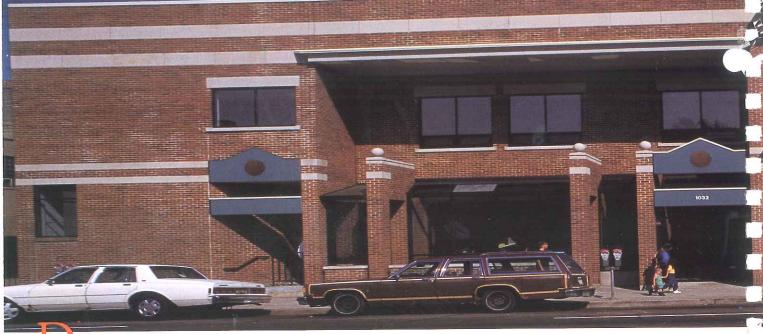
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Sixteenth Street Community Health Center



Sixteenth Street Community Health Center celebrated its 26th year of helping and healing in 1995. Highlights during this past year focused on development of innovative programs that help women, men, and children overcome their health problems and live healthier lives.

With our commitment to prevention, intervention and outreach, the Center continued to expand its comprehensive array of health care programs. There were more than 72,000 visits to the Center in 1995. Newborns, expectant moms, single parents, young adults, and older adults were among those who relied on us for health and social services.

We understand that this is a time of shrinking government funding. Private foundations are facing an increasing number of requests for resources. Anticipated changes in government funded social programs, such as W2, are likely to increase the number of people who come to Sixteenth Street Community Health Center for help.

Our response to this "new reality" is to establish unique development activities that extend awareness of the Center and its programs while also helping to expand our base of friends and supporters. Special events including "An Evening in Spain" and "The Roast of Senator Herb Kohl" are two examples of activities that raised more than



\$85,000 for the center. Our staff is working to build long-term relationships with the public and private sectors. We believe that these relationships are critical towards our ability to meet the need of providing quality community-based health care for growing numbers of people in our community.

I am most appreciative of the many volunteers, agencies, businesses, foundations, and government leaders who have provided our staff with the resources to reach out and help individuals and families in the Sixteenth Street Community Health Center neighborhood. Your contributions and partnerships enable us to say that access to quality primary health care services is better today than it was 26 years ago.

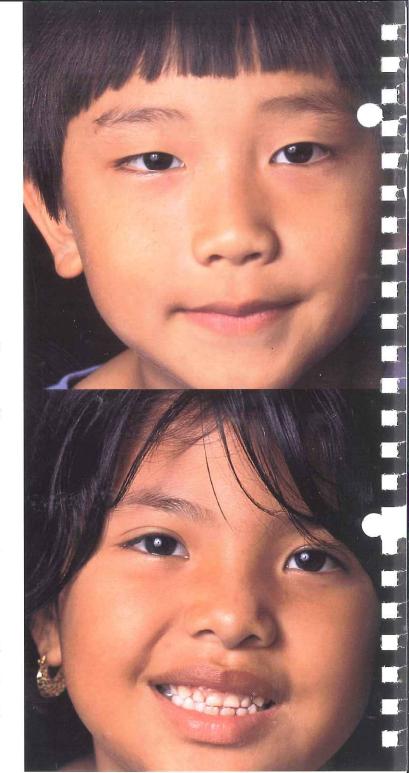
Thank you!

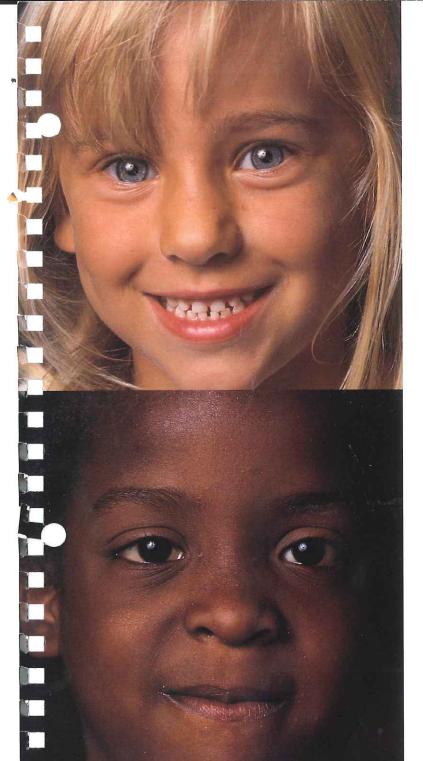
John Bartkowski Chief Executive Officer

SERVING CHENTS FROM A CULTURALLY NEIGHBORHOOD

The neighborhood that surrounds the Sixteenth Street Community Health Center is culturally rich. The majority of the 67,000 individuals who live in it come from diverse ethnic backgrounds. Over half of Milwaukee's Hispanic population lives in the Center's service area. This area also has the greatest concentration of Hmong and Laotian people in the City of Milwaukee.

The number of working poor in the area continues to increase as do the problems they face such as poor housing conditions, unemployment, lack of health insurance, language barriers, alcohol and drug abuse, exposure to environmental health hazards, poor nutrition, crime, and lack of education. Sixteenth Street Community Health Center has responded to these needs by offering an array of health and social services that





empower individuals to take better control of their lives.

The diversity of our neighborhood is reflected in the Center's patients :

75% - HISPANIC

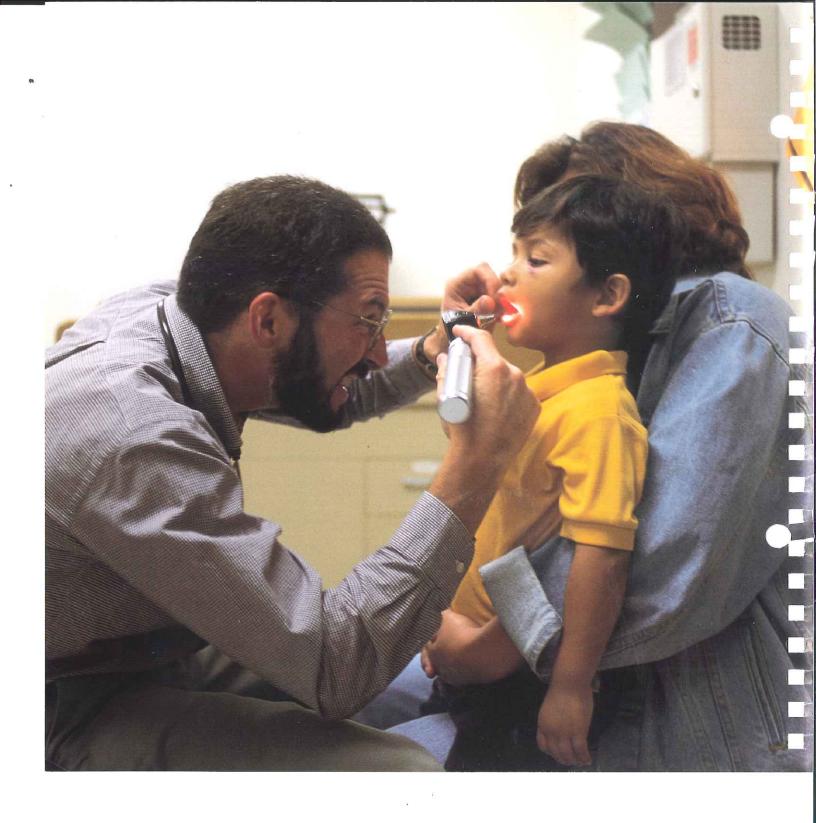
13% - WHITE

7% - Southeast Asian

3% - AFRICAN AMERICAN

2% - NATIVE AMERICAN & MIDDLE EASTERN

During the past year, 64% of our clients were females and nearly half were children under the age of 12. Approximately 70% of our clients had incomes below the poverty level. If the Center did not exist, thousands of these men, women and children would not receive adequate health services.



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PROMOTING HEATTER LIVES

As a community-based health care center, the Sixteenth Street Community Health Center is often the only source of primary medical care for people living in the neighborhoods we serve. One key element of the services provided at the Center is the focus on prevention. Staff help people to understand the importance of receiving health care on an ongoing basis and educate them about how to live healthier lives so that health problems do not develop or become worse.

Unfortunately, there are too many instances of chronic or catastrophic illnesses that show up at our door which could either be prevented or reduced. The challenge is heightened because of the cultural and social barriers (ie: language limitations, lack of education, no health insurance, etc.).

Still we continue to make strides in our effort to focus on prevention, intervention, and outreach. The focus of our care extends into the neighborhoods, where Sixteenth Street Community Health Center staff are increasing home visits. Case managers reach out to pregnant women, chronically ill children and people who personally battle AIDS.

The success levels are a reflection of the comfort levels established among our patients. Patients interact with staff who speak their language, understand their culture, and spend the time to help them understand how they can take steps to positively impact their health.

Whether it is providing pregnancy testing, prenatal care, domestic violence counseling, immunizations, or alcohol and other drug abuse treatment, the physicians, nurses, case managers, social workers, outreach workers, health educators, and others work as a team to provide the highest quality of health care that is available today.

The next few pages illustrate the wide array of services provided at the Sixteenth Street Community Health Center and the impact they made on clients in 1995. All services are offered in English, Spanish, Hmong and Laotian.

ERVICES DIFFERENCE:

Poverty can be a barrier to obtaining

critical mental health services. Together with Catholic Social Services, the Center now offers mental health services to people who require assistance dealing with complex social and mental health issues.

Breastfeeding is not only economical

but also beneficial to the health of both moth-

er and child. It can prevent the development

offered to the community.

The future of health care is prevention. As a part of preventive care, individuals are provided with information to help them lead healthier lives. In 1995, over 1,500 pregnant women and their partners benefitted from nutrition, parenting, breastfeeding, and child birth classes. In an effort to promote healthier behaviors and reduce the number of teen pregnancies, almost 700 teens from area high schools participated in sexual responsibility classes.

Last year, south side residents made

more than 10,000 visits seeking help for vio-

abuse problems, assistance to find shelter or

social issues. Weekly support groups help to

promote self esteem, leading to a better quali-

ty of life for the women and teens who partic-

ing and received personal support. As a result,

PRIMARY HEALTH

In 1995, approximately 8,000 children and adults visited the Center for health check-ups, immunizations, pregnancy testing, treatment for illnesses or health conditions, and other primary health services. Through our pediatric case management program, 95 children with chronic health conditions received comprehensive medical care, home visits from outreach workers and counseling from social workers.

HIYAIDS

The presence of HIV is a tragic reality. The Center offers free anonymous HIV testing and preventive education to community residents. During 1995, more than 225 people were tested for HIV. The Center is providing comprehensive follow-up care to 32 individuals who tested positive.

ENVIRONMENTAL AWARENESS

This project helps to identify environmental hazards in and around homes near the Center. Workers went door-to-door to test children under the age of ten for lead poisoning. Out of 214 kids who were a part of the initial program, nearly 40% showed elevated levels of lead. Working with the city's Health Department, children are receiving essential care early, helping to prevent severe health problems from developing later in the lives of these youngsters.

IMMUNIZATION

The Center coordinates a county-wide immunization project. Throughout Milwaukee County, nearly 4,500 children under the age of two received critical immunizations to help ensure childhood diseases do not strike. Immunization rates have more than doubled in the past year as a result of this project.

PERINATAL

The ultimate goal of the perinatal case management program is the birth of healthy babies. Last year, more than 600 pregnant women received medical check-ups, health education, nutrition counseling, and home visits by case managers. As a result of these efforts, 93% of the newborns were above normal birth weight.

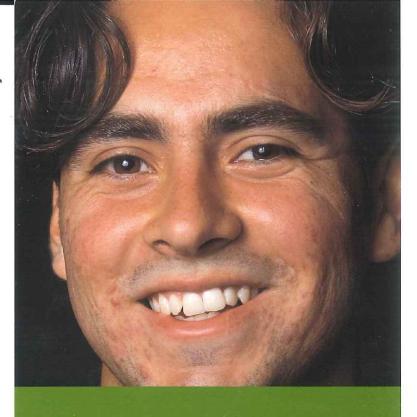
The lack of role models can lead to problems for some youth in our community. The Center's satellite clinic at South Division High School offered a positive solution to 39 teens during the 1995-96 school year. Mentors are helping these students reach their full potential by providing them with guidance, support and tutoring.

INPACTS INFACTS

Proper nutrition goes a long way towards helping infants and toddlers get healthy starts to their lives. Nearly 5,600 women and children benefitted from the program in 1995, receiving nutrition education, food supplements and referrals to health services.

SCHOOL-BASED WELLNESS

Our satellite clinic at South Division High School brings health care to teens who are not likely to get it any other way. During the past year, the School-Based Wellness Center helped 600 teens with urgent care, health education, pregnancy testing, health check-ups, and ways to live healthier lives.



SUCCESS

The following are just a few examples of the many people who have overcome their health problems and are living healthier lives as a result of the services they received at the Sixteenth Street

Community Health Center.

JESUS...

Seventeen-year-old Jesus recently arrived from Mexico and enrolled as a student at South Division High School. Jesus wanted to play in a fall sport but a sports physical was required and he did not have a doctor. With no health insurance, Jesus was grateful to receive a sports physical at the Sixteenth Street Community Health Center's satellite clinic, the Wellness Center, located at South Division High School.

A few months later, Jesus developed an infection in his right foot. The infection progressively got worse and Jesus visited the Wellness Center. The medical provider diagnosed him with cellulitus, which is an inflammation of the tissues, and he was admitted to Children's Hospital. If he had waited any longer, Jesus could have lost his leg.

Though Jesus' leg has now healed, he regularly visits the Wellness Center for minor health problems and has become a patient at Sixteenth Street Community Health Center.

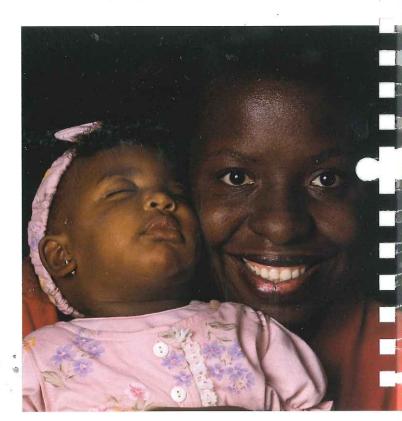
NANCY...

At the age of three months, Nancy developed an extremely high fever. Her mother brought Nancy in to see her pediatrician at the Sixteenth Street Community Health Center. Dr. Waters, one of the Center's pediatricians, was concerned that she might have a serious infection. An evaluation at the Center pointed to a urinary tract infection as the cause of Nancy's high fever and she was hospitalized for antibiotic treatment. X-rays of her kidneys showed an abnormality in her urinary flow system. A urologist saw Nancy and recommended a corrective operation to prevent permanent damage to Nancy's kidneys. Nancy underwent the surgery and it was a complete success. She continues to be monitored by Dr. Waters on an ongoing basis. Her mother, father, and two brothers are extremely happy that Nancy is healthy and full of life again.



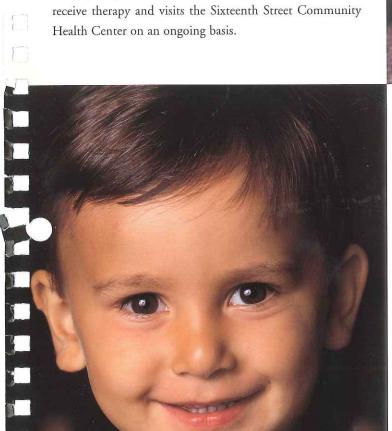
NAOMI...

Naomi, age 27, first sought care through the perinatal program at the Sixteenth Street Community Health Central when she was pregnant with her third baby. She was using cocaine, marijuana, alcohol and smoked tobacco on a regular basis. She wanted to quit using drugs but her only support systems were family members who also abused drugs and alcohol. She received structured treatment from the AODA counselor up to three times a week. The perinatal case managers also visited Naomi in her home, showed her good nutrition and helped her with parenting skills. She delivered a healthy baby girl in November 1995. To this day, Naomi attends the support groups at the clinic and is clean and sober. For the first time she and her children are participating in family-oriented activities. They are enjoying life to its fullest.



ZACHARY...

When Zachary was 18 months old, he was taken to the emergency room by his mom because of a swollen knee. The doctor in the emergency room suggested that Zachary see his primary care provider if the swelling did not go down. When pediatrician David Waters saw Zachary's knee, he suggested that it might be juvenile rheumatoid arthritis. Dr. Waters referred him to a specialist. The specialist confirmed the arthritis diagnosis and began treating Zachary for his condition. Without the quick diagnosis and treatment, a serious dysfunction of the joints could have occurred and Zachary's leg could have been disfigured. He continues to receive therapy and visits the Sixteenth Street Community Health Center on an ongoing basis.





NICOLE...

At age 17, Nicole came into the Center for a check-up. She had been sick to her stomach. Her mother was concerned that she may be pregnant. During the examination, Dr. Sanchez noticed a nodule on the side of Nicole's throat. He referred her to a specialist to receive a biopsy and additional tests. Nicole was diagnosed with a rare form of cancer. Surgery was performed and today Nicole is regularly monitored by Dr. Sanchez. Her cancer is in remission.

1995 FINANCIALS

April 1, 1995 to March 31, 1996

REVENUE SOURCE

Program Service Fees 45.8% United Way 1.8% Government Grants 39.3%

REVENUE BY SOURCE

Private Support (Corporate & Individual contributions, Foundation Grants)	8.5%
Government Grants	39.3%
• Program Service Fees	45.8%
• United Way	1.8%
In Kind	2.1%
Other	2.5%
Total Revenue	\$6,807,839

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SIXTEENTH STREET COMMUNITY HEALTH CENTER

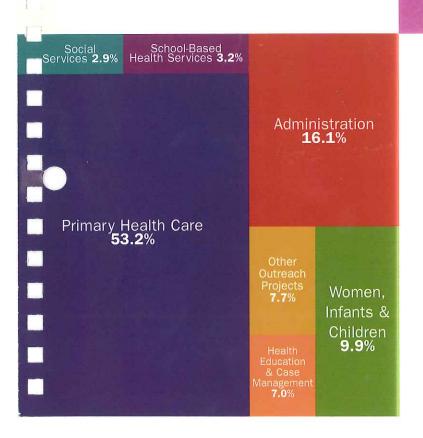
Balance sheet for the year ending March 31, 1996 as audited by Conley McDonald, CPA & consultants.

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Current assets	2,482,426
Long term assets	3,570,540
Other assets	15,350
Total	6,068,316

Liabilities and Net Assets

Long term liability	405,485
Long term debt	450,485
Net assets	5,212,346
Total	6,068,316

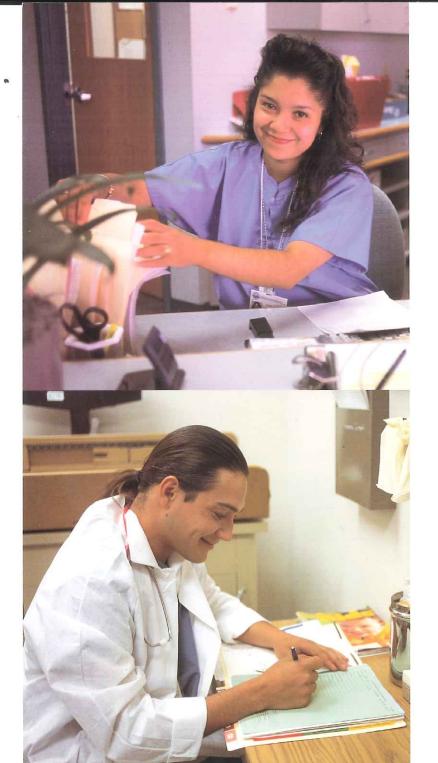


WHERE NGOESY

WHERE THE MONEY GOES

Primary Health Care	53.2%
Social Services	2.9%
 Health Education Case Management 	7.0%
Women, Infants& Children (WIC)	9.9%
 School-Based Health Services 	3.2%
Other Outreach Projects	7.7%
Administration	16.1%
Total Expenses	\$6,160,334

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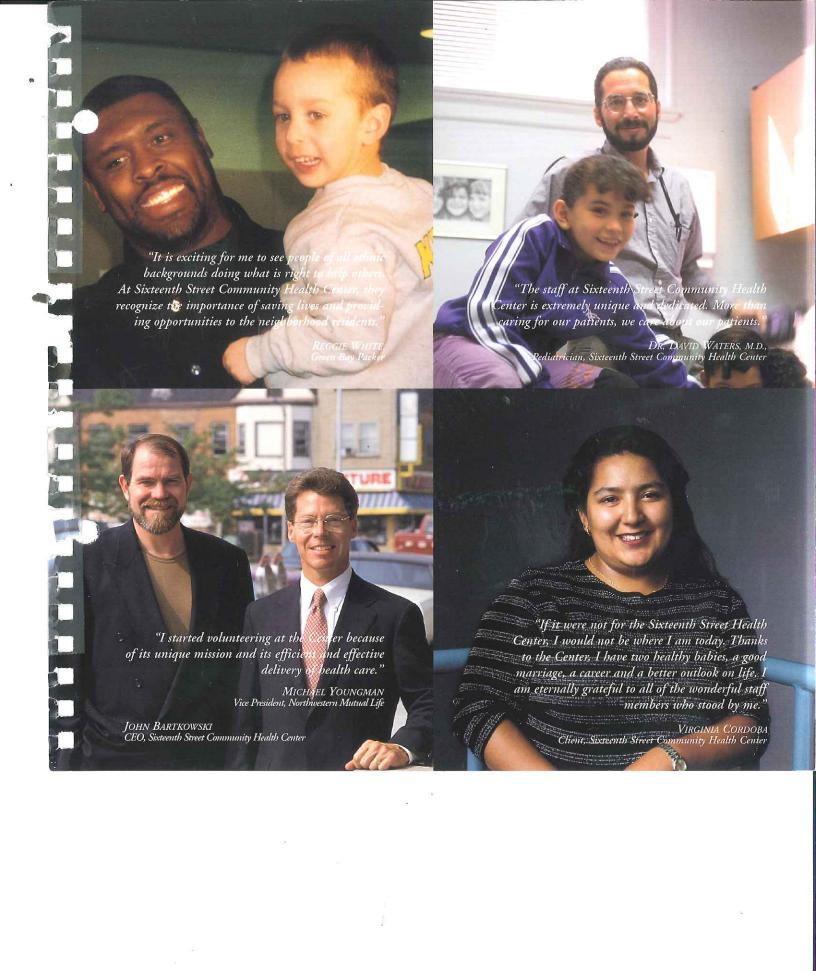
SPECIAL THANKS..

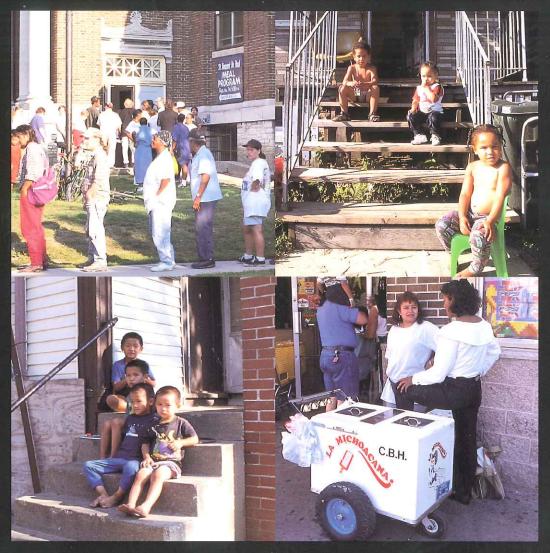
STAFF

Our staff is committed to providing our clients with quality health services in a culturally sensitive manner. Approximately 70% of our staff is bilingual in Spanish and English. Presently, the Center has 130 staff members including doctors, medical assistants, physician assistants, registered nurses, nutritionists, community health workers, case managers, social workers, AODA counselors, a breast-feeding consultant, health educators, outreach workers, and administrative staff who all work together as a team. Thanks to all of them for their extreme dedication to their work and the community.

STATEMENT

To improve the health and well-being of Milwaukee's near South Side residents by providing quality, family-based health care, health education and social services, free from linguistic, cultural and economic barriers.





1032 South 16th Street Milwaukee, Wisconsin 53204



414-672-1353