

**Services Provided by YNHS**

- General primary medical care
- Hearing screening
- Mental health treatment/counseling
- Prenatal care
- Preventive and restorative dental care
- Vision screening

**Preventive Services**

- Blood pressure monitoring
- Glycosylated hemoglobin measurement, Diabetes
- HIV testing & counseling
- Pap smear

**Wraparound Services**

- Case Management
- Eligibility Assistance
- Health Education
- Interpretation/Translation Services
- Outreach
- Outstationed Eligibility Workers
- Transportation

**2007 YNHS Patients & Visits By Selected Primary Diagnosis & Services**

Medical Conditions	Patients	Visits
Asthma	389	625
Diabetes	591	1,547
Hypertension	1,007	1,895
Heart disease (selected)	134	210
Mental health	1,109	1,845

Preventive Services	Patients	Visits
Health supervision ages 0-11 (well-child visits)	3,648	6,091
Selected immunizations	2,974	4,125
HIV test	165	165
Oral dental exam	4,309	5,251
Fluoride treatment	1,656	1,943



www.ynhs.org

**Yakima Neighborhood Health Services Board of Directors**

- Don Hinman, *Board Chair*  
 Lorna Millen, *Board Vice Chair*  
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- Administration**  
 Anita Monoian, *Chief Executive Officer*  
 Brett Miller, DDS, *Dental Director*  
 Jocelyn Pedrosa, MD, *Medical Director*
- Mission**  
 The mission of Yakima Neighborhood Health Services is to provide affordable, accessible, quality health care, and to promote learning opportunities for students of health professions.



Anita Monoian, CEO, Yakima Neighborhood Health Services & Chair-Elect, National Association of Community Health Centers with Don Hinman, Chair, YNHS Board of Directors



12 South 8th Street  
 P.O. Box 2605  
 Yakima, Washington 98907-2605

8th Street Clinic, La Clinica en la Calle Ocho

YAKIMA  
**Neighborhood**  
 HEALTH



# 2007 Annual Report

Y · A · K · I · M · A

## Neighborhood HEALTH



### YNHS HISTORY



- 2008: Homeless Respite Care ('08), Transitional Housing ('07), Sunnyside Dental Clinic Opens ('07)
- 2005: New Sunnyside Building with Maternity Support Services & WIC ('06), Public Health Services - Health Care for the Homeless (05), Pharmacy Opens ('04)
- 2000: Joint Commission 'Extreme Score' 99 ('03), "Richey House" Donation and Clinic Expansion ('02), "Models that Work" National Nominee ('01), Joint Commission Accreditation ('00)
- 1995: Pediatric Dental Initiative/Dental Clinic Opens ('96), New Facility Completed/Financed by Yakima Federal ('94)
- 1990: Medically Underserved Area Designation ('92), Maternity Access Legislation ('89)
- 1985: HUD Community Development Block Grant ('81), WIC ('80)
- 1980: Maternal Child Health ('80)
- 1979: Primary Care ('79)
- 1975: Preventive Care ('75)



Orig. 8th Street Clinic



Yakima Campus



Neighborhood Connections



Sunnyside Facility

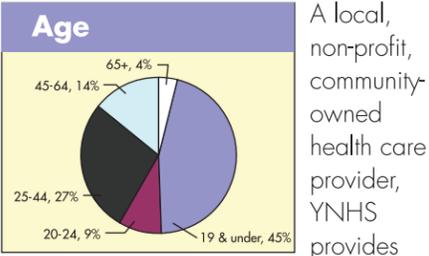


Transitional Housing

# THIRTY THREE YEARS AS A HEALTH CARE HOME FOR VALLEY RESIDENTS.



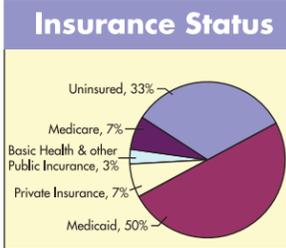
**Community-Based Health Care.** Yakima Neighborhood Health Services is proud to provide access to care for the Yakima Valley's medically vulnerable and underserved people. The focus on primary and preventive care lowers the overall potential cost of health care and reduces the risk of new health care problems.



A local, non-profit, community-owned health care provider, YNHS provides medical, dental, mental health, pharmacy, community health, outreach and public health services.

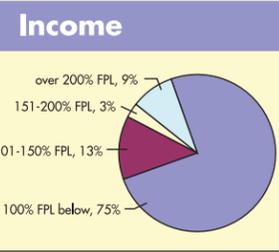
In 2007, Yakima Neighborhood Health Services was the health care home for 15,547 infants, children, adults and seniors in Yakima County:

- One-half of patients were on Medicaid (50%).
- Almost 1,900 patients were homeless.
- More than 2,000 migrant or seasonal workers received care.



**Access to All Who Come Through our Doors, Regardless of Ability to Pay.** We serve the rising number of uninsured in the Yakima Valley, which has increased 20% in the past two years.

- Fully one-third of our patients in 2007 were uninsured.



- We work to reduce health care disparities. The majority of our patients (75%) live at, or below, the federal poverty level and 66% are people of color.

**Efficient.** YNHS is part of the health care solution in the Yakima Valley and the state. In 2007, the Washington State health care system spent \$355 million on avoidable emergency department visits could have been treated more cost effectively at Yakima Neighborhood Health Services and other Washington Community Health Centers.

By zeroing in on conditions that significantly drive up costs - such as asthma, diabetes, and hypertension - the goal at YNHS is to simultaneously improve patient health and control unnecessary spending. This model reduces the need for more expensive hospital in-patient and specialty care and produces significant savings for the health care system and the local economy.

**Providing Local Economic Boost.** The benefit goes even further. YNHS contributes to the overall economic health of Yakima and the Valley. Neighborhood Health Services brings roughly \$19 million a year into the local economy, through purchased goods and services and staff compensation. YNHS is one of the largest employers in Yakima's downtown area.

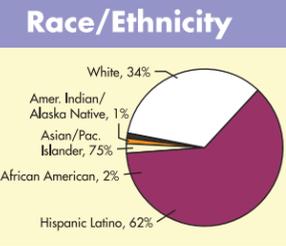
**Learning Opportunities for Students in the Health Professions.** Students from CWU, EWU, Gonzaga, UW, WSU, YVCC and vocational settings observe and are mentored at Neighborhood

Health Services. YNHS looks forward to its newest partnership, with Pacific Northwest University of Health Sciences. Key to Neighborhood Health's educational mission is increasing interest in working with underserved populations.



**Health Care for Homeless Individuals.** Since 2005, YNHS has provided outreach and health services to people who don't have a home through Neighborhood Connections. The medical and dental clinic served 2,285 clients in 2007 and staff made 2054 homeless outreach visits. YNHS also provides Transitional Housing and is a member of the Homeless Network of Yakima County.

**WIC Supplemental Nutrition Program for Women, Infants and Children.** YNHS has one of the largest WIC programs in Washington. Each month, more than 7,000 pregnant and postpartum women, infants and children through age 5 receive services in Yakima and Sunnyside. In 2007, that resulted in 51,483 eligibility and education visits.



Parents and children learned together to eat healthy and stay active, setting the stage for success in school and life. YNHS has many Internationally Certified Breast-feeding Lactation Consultants.

**Experienced Care.** Yakima Neighborhood Health Services has more than three decades of experience delivering primary care. By investing in quality patient care on the front end, and encouraging a regular doctor/patient

relationship, YNHS works to prevent new health problems and minimize costs.

In 2007, Neighborhood Health:

- Provided mental health care to 1,076 patients during 1,808 visits.
- Improved access to care by providing culturally sensitive care in multiple languages, health education, outreach, eligibility assistance and case management

**Yakima County Kids Connect.**

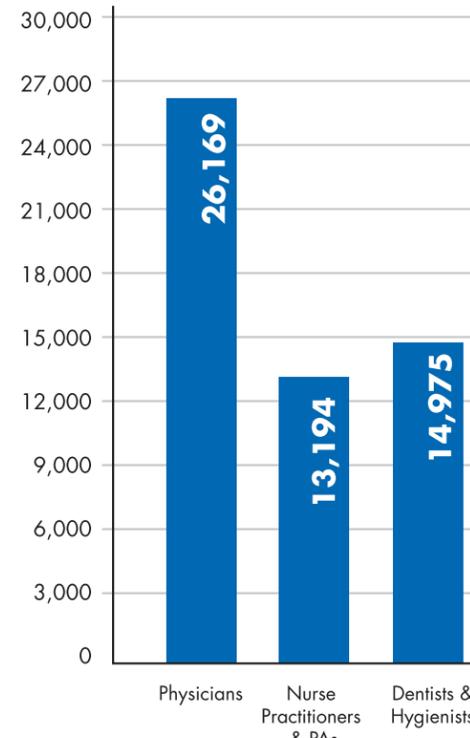
YNHS participates in a multi-agency collaboration that helps families obtain health coverage and a medical home for their children as well as adequate access to the medical home rather than the ER for non-urgent visits.

**Ready by Five.** YNHS is a proud partner of Ready by Five, Yakima's Early Learning

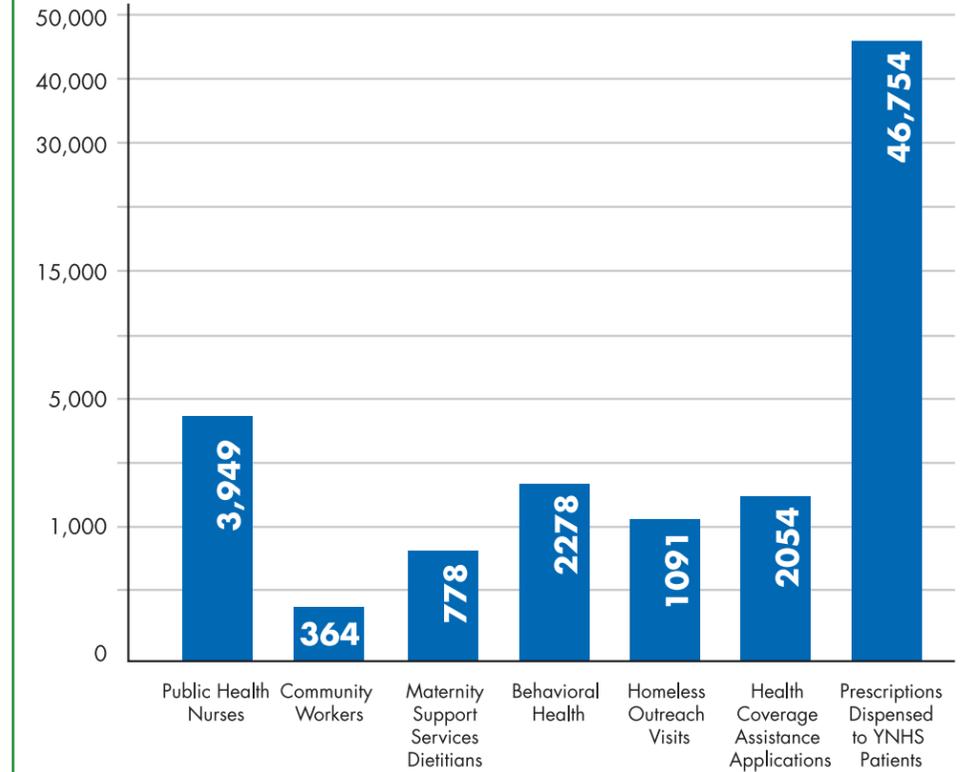
Initiative to help young children be Kindergarten ready.



## Visits by Provider Type in 2007



## Community Health Visits & Other Key Statistics



## Summary of Income and Expenses

Revenue and expenses at YNHS are mostly for and about people - patient fees generate 81% of the revenue and employee costs (160 full and part time employees) represent nearly 68% of the

annual expenses. Our ability to provide patient care and services is directly related to public funding provided through Medicaid, Department of Agriculture (WIC), Basic Health, federal

grants and other public programs dependent on support from our elected officials.

## Where It Come From | Where It Goes

