

YAKIMA NEIGHBORHOOD HEALTH SERVICES CELEBRATES NATIONAL HEALTH CENTER WEEK AUGUST 9-15, 2009



"IMAGINE THE LIVES THAT COULD BE SAVED BECAUSE MORE PEOPLE HAVE ACCESS TO QUALITY, ACCESSIBLE, AFFORDABLE HEALTH CARE." – Anita Monoian, CEO of Yakima Neighborhood Health Services & Chair, National Association of Community Health Centers Board

PROUD TO BE PART OF THE NATIONAL HEALTH CENTER MOVEMENT

At Yakima Neighborhood Health Services, we focus on primary and preventive care that lowers the overall potential cost of health care and reduces the risk of new problems. YNHS is one of three Yakima Valley community health centers providing access to care for medically vulnerable and underserved people.



CEO Anita Monoian has been elected by her peers to be the new Chair of the National Association of Community Health Centers Board of

Directors. Monoian will now head the board of this national organization, which serves 20 million people through a network of 1,200 Community Health Centers in the U.S. She is a leading voice on the national scene regarding health care delivery to the medically underserved.

"The Community Health Center model has a proven track record for those who are medically disenfranchised," Monoian says. "As NACHC chair, I will continue my work with policymakers, urging them to take a hard look at the Community Health Center model and lend further support for this safety net that provides health care for those who need it most."

YNHS: THREE DECADES AS A HEALTH CARE HOME FOR VALLEY RESIDENTS

Yakima Neighborhood Health Services has given thousands in the Yakima Valley, including the uninsured, the medically underserved, homeless people and agricultural workers, the chance for healthy and productive lives.

- Providing primary and preventive care
- Committed to removing geographic, language, and cultural barriers for patients
- Over 150 staff and professionals at three health services locations along with housing programs that provide support to homeless individuals and families.
- Serving more than 500 patients and clients each day.

PROVIDING A CONTINUUM OF SERVICES

- Family Practice
- Obstetrics and Gynecology
- Pediatrics
- Internal Medicine
- Pharmacy
- Dentistry
- WIC

- Health Coverage Assistance and Outreach
- Maternity Support Services
- Health Care for the Homeless – primary care, street outreach, shelter care
- Homeless Respite Services
- Housing programs that provide support to homeless individuals and families

CARING FOR SOME OF THE NEEDEST FAMILIES AND INDIVIDUALS

Neighborhood Connections:

medical and dental care for the



homeless. **Respite Care:** A safety net of shelter and services after discharge from the hospital for people who are ill

or injured and without homes.

Transitional or Permanent Supportive Housing:

Respite Care also initiates a process for housing stabilization, connecting the patient to YNHS's transitional or permanent supportive housing placement once respite care is complete.

Special Assistance for People Affected by HIV/AIDS:

YNHS provides assistance to persons who are HIV/AIDS positive and need help with various chores or responsibilities including housing, spiritual support and advocacy for these services.

YNHS is a founding member of the **Homeless Network of Yakima County.**

READYING LOCAL CHILDREN FOR SCHOOL AND SUCCESS IN LIFE

Yakima Neighborhood Health Services is a founding stakeholder in **Ready**



by Five (Rb5), which is designed to prepare East Yakima children from birth to age 5 for school.

We also provide direct services to Ready by Five families:

- **Enhanced First Steps** serves pregnant, postpartum and parenting low-income women and their families. Nurses and other health professionals visit homes to promote the health and well being of mothers and infants for the first two years of a child's life.
- **Promotores / Community Workers** connect personally with every household in our service area of 3,700 children and families to identify specific Rb5 programs and services that will help families get their children ready to learn and succeed in school.

Rhonda Hauff, Chief Operating Officer/Deputy CEO of YNHS, serves on the **Ready by Five Board of Directors** with other community leaders and is the Rb5 board treasurer.

BOOKS AND READING: A PRESCRIPTION FOR A HEALTHY CHILDHOOD

With the help of a *Reach Out and Read*



Washington State grant, YNHS is able to give quality books to children and

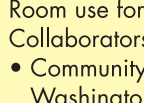
families and build on the special relationship between parents and health care providers. At each check-up from 6 months to 5 years, YNHS providers talk with families about the importance of reading aloud with their children and give the family a book to take home. Reach Out and Read gives families the information and the tools to help their children grow up with a love of books, setting the stage for later success in school.

BUILDING FAMILY HEALTH CARE LITERACY

YNHS offers training to help parents gain knowledge, skills and confidence in managing common childhood illnesses at home to help reduce time away from work and school and avoid unnecessary ER visits. The health literacy program is a collaboration of YNHS and the UCLA-Johnson & Johnson Health Care Institute, with support from the Washington state legislature and Yakima County Kids Connect.

YAKIMA COUNTY KIDS CONNECT

The multi-agency collaboration helps families access health coverage and connect to a medical home for their children and reduce Emergency



Room use for non-urgent care.

Collaborators include:

- Community Health of Central Washington
- Educational Service District 105
- Sunnyside Community Hospital
- Yakima County Department of Human Services
- Yakima Neighborhood Health Services
- Yakima Valley Memorial Hospital

LEARNING OPPORTUNITIES FOR STUDENTS IN THE HEALTH PROFESSIONS

- WSU Intercollegiate Nursing Education
- YVCC Nursing Program
- Gonzaga Nurse Practitioner Program
- EWU Social Work Program

- UW Family Practice Residency & Dentistry programs
- CWU Dietetic Intern Program
- Pacific Northwest University of Health Sciences

NATIONALLY RECOGNIZED FOR LEADERSHIP

- Meeting highest Joint Commission on Accreditation of Health Organizations (JCAHO) standards – an "Extreme Score" of 99 (2003) and an impressive record of full compliance subsequently, with reaccreditation in 2006 and 2009
- Health Literacy Project (2008/2009) in coordination with the UCLA/Johnson & Johnson Health Care Institute
- "Models That Work" National Nominee (2002)

**COME TO
YAKIMA
NEIGHBORHOOD
HEALTH'S
FESTIVAL
IN THE
PARKING LOT!
WEDNESDAY,
AUGUST 12
1 -4 p.m.
at Neighborhood Health
8th Street Parking Lot
Yakima**

FIND OUT IF YOUR KIDS AND TEENS QUALIFY FOR WASHINGTON'S HEALTH CARE COVERAGE FOR LOW AND MIDDLE-INCOME CHILDREN.

- Health insurance is now available to children from families earning as much as \$66,000 per year.
- Many two-parent working families are eligible.

GET HEALTH & RESOURCE INFORMATION FROM LOCAL AGENCIES

ACTIVITIES FOR THE KIDS

KFFM RADIO BROADCAST

MUSIC, RAFFLE PRIZES, GIVEAWAYS, FREE SNOW CONES



YNHS LEADERSHIP

Don Hinman, *Chairman, Board of Directors*
Anita Monoian, *Chief Executive Officer*
James Jabile, MD, *Chief Medical Officer*
Brett Miller, DDS, *Chief Dental Officer*
Rhonda Hauff, *Chief Operating Officer/Deputy CEO*
Mary Jo Mengarelli, RD, CD, *Public Health Administrator*



THE MISSION OF YAKIMA NEIGHBORHOOD HEALTH SERVICES...

.... providing affordable, accessible, quality health care, and promoting learning opportunities for students of health professions.