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SEPTEMBER 2009

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## Westside's Bear/New Castle Center Opens to Great Response and Enthusiasm!

On August 5th, Westside Family Healthcare opened the doors to its newest health center located in the Fox Run Shopping Center in Bear. The need for affordable quality healthcare is rapidly growing across the country due to rising rates of uninsured and the need for access to a medical home. Westside's newest health center will provide access to quality health care services for families within the Bear/New Castle community.



Bear resident Sandy Reyes and her children Eddie and Samantha are true representations of this need. Reyes, who learned about Westside from her sister upon moving from New York to Delaware stated, "we were driving all the way to Westside's Newark and Wilmington locations, and are happy to have a center located much closer to where we live." This is especially true for five-year-old Eddie, who suffers from chronic asthma and frequently needs to visit a doctor.

Westside Family Nurse Practitioner Stacey Graves, who has been with the organization for nearly five years and relocated from Westside's Newark office to work at the Bear/New Castle office, shares in the family's sentiment. Ms. Graves says that "coming from Newark and seeing such rapid growth there, I am thrilled that Westside continues to expand its patient services to much needed areas." According to office manager Maria Angel, 320 patients have already been seen, 86 percent of whom are uninsured. "Westside provides services that many healthcare providers in the area cannot because individuals are either uninsured or underinsured. Westside truly treats everyone equally," stated Dr. Hema Gouru, Bear/New Castle's newest Family Physician. Westside is thrilled to welcome Dr. Gouru to the staff, who comes

to us from the St. Francis Family Medicine Residency Program.

Please join us for a ribbon cutting ceremony and open house on **Thursday, September 24th at 12:00 noon** at the health center located in the Fox Run Shopping Center at 404 Fox Hunt Drive in Bear. To RSVP, contact Stacey Moran-DeRosa at 656-8292 or [Stacey.moran-derosa@westsidehealth.org](mailto:Stacey.moran-derosa@westsidehealth.org) .

To schedule an appointment at the Bear/New Castle location, please call **836-2864**. For information on hours and services, go to Westside's website at [www.westsidehealth.org](http://www.westsidehealth.org) .

(Picture Caption: Eddie Arastigueti happily holds his new Westside teddy bear as he receives his annual check-up from Stacey Graves, FNP)

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## A Record Breaking Year for Westside's 5K the Westside Way!

Runners weren't the only ones setting records at Westside's 5K the Westside Way, held on August 5th at the Wilmington Riverfront. This year's event broke records in terms of both fundraising and participation, with 266 runners and walkers crossing the finish line.



Funds from this annual event are used to help cover the cost to provide family medical, dental, and mental health care to our uninsured patients.

Participants enthusiastically warmed up and socialized prior to the event, awaiting the welcoming from special guests New Castle County Executive Chris Coons, Westside Board Member Milton Delgado, and Lieutenant Governor Matt Denn , who officially kicked off the race.

This year's overall winner was 19-year-old Mark Kearney from Wilmington University who completed the course in 17:17, beating the runner-up by more than 30 seconds. The top female finisher was Amy Blithe at 19:21, finishing 10th overall.

To rehydrate and refuel, participants headed over to the deck at C.W. Harborside to enjoy the after-race party, complete with a live band, free food,

and a prize ceremony and raffle. Westside Family Healthcare would like to thank all of our participants, volunteers, sponsors and prize donors for the success of this year's event. We sincerely appreciate your continued support of our mission to provide quality and affordable healthcare for the entire family.

Click here to view our [Corporate Sponsors!](#)

For a complete listing of the race results and more event photos, please visit [www.races2run.com](http://www.races2run.com) .

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